

NURSING HOME RESIDENT'S RIGHTS

- The resident has the right to a dignified existence, self-determination, and communication with and access to persons and services inside and outside the facility.
- A resident has the right to exercise their rights as a resident of the facility and as a citizen of the United States.
- A resident has the right to be free of interference, coercion, discrimination, and reprisal from a facility in exercising their rights and to be supported by the facility in the exercise of their rights.
- The residents have a right to care without discrimination based on any of the following: All persons regardless of basis of race, color, famial status, religious creed, ancestry, age, sex gender, sexual orientation, gender identity, or expression, national origin, ability to pay, handicap or disability, use of guide or support animals because of blindness, deafness, or physical handicap of the resident or because the resident is a handler or trainer of support or guide animals. In addition, marital status, Veteran status, political beliefs, or prior civil rights activity. All are eligible for admission and care into Mt Hope.
- A resident who has not been adjudged incompetent, has the right to designate a representative and the representative may exercise the residents' rights to the extent provided by law. Same sex spouses must be given the same treatment.
- A resident retains the right to exercise the rights not delegated to a resident representative, including the right to revoke the delegation of rights to the extent permitted by law.
- A resident has the right to be informed of and participate in their treatment, including the right to be fully informed of their health status in a language the resident understands.
- A resident has the right to identify individuals or roles to be included in the planning process, to request meeting and to request revisions to the resident's plan of care.
- A resident has the right to participate in establishing the expected goals and outcomes of care, the type the amount, frequency, and duration of care, including other factors related to the effectiveness of the resident care plan.
- A resident has the right to be informed in advance of changes to the resident's care plan.
- A resident has the right to receive the services and items included in the resident's plan of care.
- A resident has the right to see their care plan, including the right to sign after significant changes to the plan of care.
- A resident has the right to be informed in advance of the care to be furnished and the type of care giver or professional that will furnish the care.
- A resident has the right to be informed in advance by the physician or other practioner or professional of the risks and benefits of proposed care of treatment and treatment alternatives or treatment options and to choose the alternative option they prefer.
- A resident has the right to refuse and or discontinue treatment, to participate in or refuse to participate in experimental research, and to formulate an advance directive.

- A resident has the right to self-administer medications, when clinically appropriate.
- A resident has a right to approve their attending physician in accordance of the law.
- A resident has a right to be free from any physical or chemical restraints imposed for the purpose of discipline or convenience, and not required to treat the residents' medical symptoms consistent with the law.
- Experimental research or treatment in a facility many not occur without the approval of the Pennsylvania Institutional Review Board and without the written approval and informed consent of a resident, or residents' representative prior to participation in accordance with the law.
- A resident has the right to be treated with respect and dignity.
- A resident has the right to retain and use personal possessions including furnishings and clothing as space, health and safety permits.
- A resident has the right to reside and receive services in the facility with reasonable accommodation of resident needs and preferences, except when to do so would endanger the health or safety of the residents or other residents.
- A resident has the right t share a room with their spouse when married resident live in the same facility and both spouses consent to the arrangement.
- A resident has the right to share a room with their roommate of choice when practicable, when both residents live in the same facility and both residents' consent to the arrangement.
- A resident has the right to receive written notice, including the reason for change, before the resident's room or roommate in the facility is changed.
- A resident has the right to refuse to transfer to another room in the facility if the purpose of transfer is
- 1. to relocate a resident of a nursing home from the distinct part of the institution that is a nursing facility to a part of the institution that is not a nursing facility or
- 2. solely for the convenience of staff.
 - Prior to transfer to another facility, the facility shall inform the resident, or the resident representative, whether the new facility is certified to participate in the Medicare and Medical Assistance Programs.
 - A resident has the right to resident self determination through support of a resident's choice.
 - A resident has a right to choose activities, schedules, including sleeping and waking times, health
 care providers of health care services consistent with their interests, assessments and plan of
 care
 - A resident has the right to make choices about aspects of their life in the facility that important to the resident.
 - A resident has the right to interact with members of the community and participate in community activities both inside and outside the facility.
 - A resident has the right to receive visitors of their choosing at the time of their choosing. A
 resident may deny visitation when applicable, and in a manner that does not impose on the
 rights of another resident.
 - A resident has a right to organize and participate in a resident group in the facility.
 - A resident has a right to participate in family groups.

- A resident has the right to have family members, or other resident representatives of other residents in the facility.
- A resident has a right to participate in other activities, including social, religious, and community activities that do not interfere with the rights of other residents in the facility.
- A resident has a right to manage their financial affairs. This includes the right to know in advance what changes a facility may impose against a resident's personal funds.
- A resident has a right to choose to or refuse to perform services for the facility and the facility must not require a resident to perform services for the facility. The resident may perform services for the facility if the resident chooses when.
 - 1. The facility has documented the residents need or desire for work in the plan of care.
 - 2. The plan specifies the nature of the services performed and whether the services are voluntary or paid.
 - 3.Compensation for paid services is at or above the prevailing wage The resident agrees to the work arrangement described in the plan of care.
- If changes occur during the residents stay the resident shall be advised verbally and in writing at least 30 days in advance of the change, unless circumstances dictate otherwise.
- If a security deposit is required, the facility's written procedure or the contract with the resident shall indicate how the deposit will be used and the terms for the return of the deposit. A security deposit is not permitted for residents receiving Medical Assistance.
- A resident has the right to assess personal and medical records pertaining to the resident.
- A resident has the right to be informed of their right and of all rules and regulations governing resident conduct and responsibilities during the stay in the facility.
- A resident has the right to receive notices orally meaning the spoken word an in writing including Braille if needed in a format and language that they can understand.
- A resident has the right to have reasonable access to the telephone, including TTY AND TDD services. Also, a place in the facility for the resident where calls can be made without being overheard. This includes the right to retain and use a cell phone at the residents own expense.
- A resident has the right to send and receive mail and to receive letters, packages and other
 materials delivered to the facility for the resident through a means other than a postal service
 including the privacy of such communications.
- Access to stationary, postage and writing implements at the residents own expense.
- A Resident has the right to have reasonable access to privacy in their use of electronic communication such as email and video communications and for internet research.
- A resident has the right to
- Examine results of the most recent survey of the facility conducted by surveyors and any of correction that is in effect.
- Receive information from agencies acting as client advocates and to be afforded the opportunity to contact these agencies.
- A resident has a right to personal privacy and confidentiality of their personal and medical records.
- A resident has a right to secure and confidential personal and medical records. The resident has the right to refuse the release of personal and medical records except as provided under law.

- A resident has a right to a safe and clean, comfortable and homelike environment, including but not limited to receiving treatment and supports for daily living safely.
- A resident has the right to voice grievances to the facility or other agency or entity that hears grievances without discrimination or reprisal and without fear of discrimination.
- A resident has the right to have grievances promptly resolved in accordance with law.